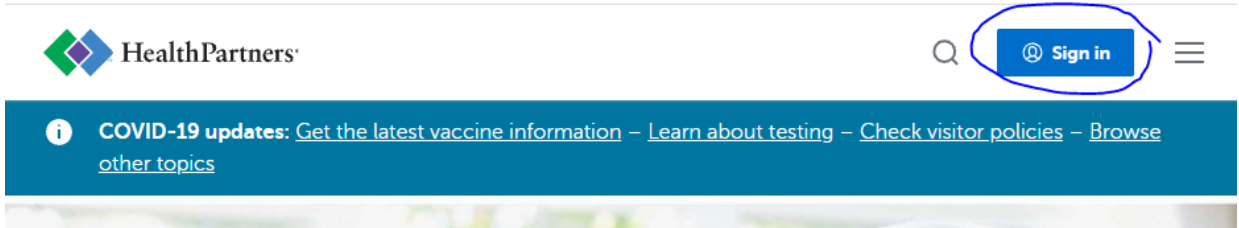


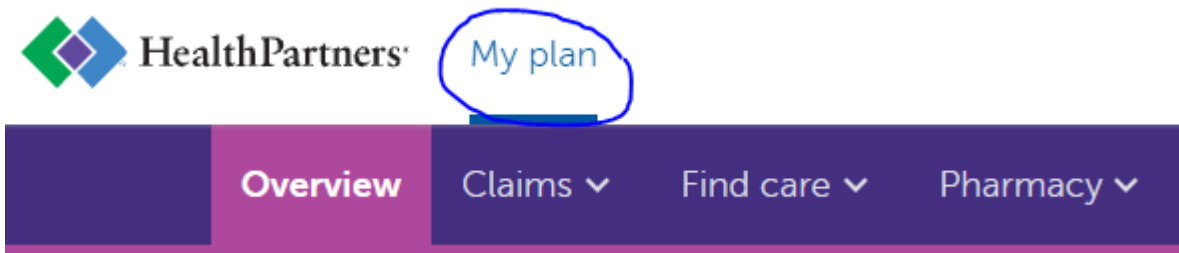
ACTIVE&FIT DIRECT

How to Access Active&Fit Direct

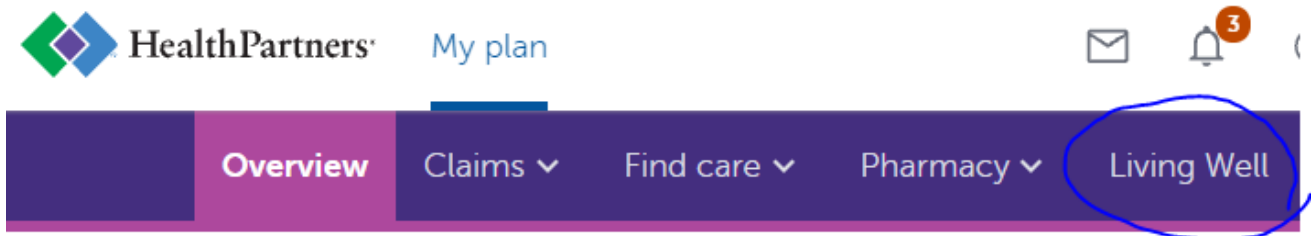
1. Log onto www.healthpartners.com and login (request password if this is your first time)



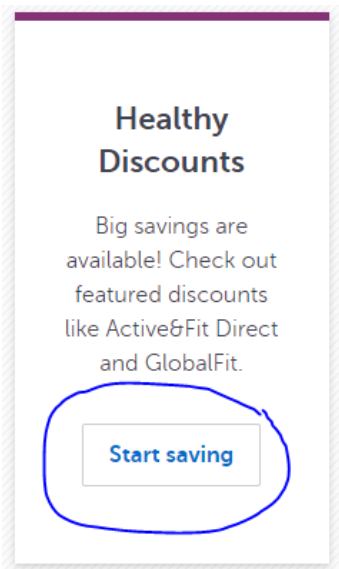
2. Select the "My Plan" tab



3. Select "Living Well"



4. Select "Start Saving" in the "Healthy Discounts" box



5. Click on the “Active&Fit Direct” box



Active&Fit Direct [®]

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The Active&Fit Direct™ program, provided by American Specialty Health Fitness, Inc., is a fitness membership program that provides access to 10,000+ participating fitness centers nationwide. Members pay only \$25 a month, plus an initial, one-time \$25 enrollment fee and applicable taxes. Members can search gyms and register for Active&Fit Direct™ programs. >

6. You will be redirected to the Active&Fit Direct website where you can sign up or log in.