ACTIVATE with GlobalFit

Optimal health isn’t just about being healthy physically. It’s about a balanced approach that includes components designed to improve the health of the mind, body, and spirit. GlobalFit’s Gym Network 360 delivers an extensive wellness network that focuses on 5 key components: Exercise, Eating, Energize, Explore, and Education.

TO ACTIVATE, FOLLOW THESE THREE EASY STEPS:
Access exclusive GlobalFit member pricing on premier fitness and wellness programs.

1. Visit your custom landing page to access your GlobalFit offerings.
globalfit.com/healthpartners

2. Use the links at the top left of the screen to activate and set up your account. Complete the form to create a username and password. If you’ve already set up your account, enter your username and password to login.

3. Use the top navigation bar to view products and services available to you.

Learn more: www.globalfit.com | 800.294.1500
**EXERCISE**

- Exclusive membership discounts at more than 9,000 gyms and specialty studios including top brands like LA Fitness, Anytime Fitness, Gold’s Gym, and 24 Hour Fitness plus many local favorites
- Virtual fitness options from Les Mills Group Fitness On Demand, Honor Yoga Now, BurnAlong and Forte
- Wearable technologies to keep you on track with your fitness goals featuring brands like Striiv, PIQ, Polar, Bellabeat and more

[www.globalfit.com/exercise](http://www.globalfit.com/exercise)

**EATING**

- Discounts on top brands like CHARGE, Virtual Nutrition, Jenny Craig, Diet-to-Go, and Kurbo.
- Special rates on vitamins, supplements, and other healthy food products
- A variety of meal plans and weight loss programs including fresh prepared meals, diet delivery options, and programs for the whole family

[www.globalfit.com/eating](http://www.globalfit.com/eating)

**EDUCATION**

- Resources to support your wellness journey
- Health coaching programs for any healthy living goal from smoking cessation to stress reduction

[www.globalfit.com/education](http://www.globalfit.com/education)

**ENERGIZE & EXPLORE**

- Access to programs and products to help enhance your everyday living and total wellness
- The latest deals on your travel, vacations, and entertainment
- Exclusive pricing on spa services, concert tickets, electronics, restaurants, and more

[https://www.globalfit.com/energize-explore](https://www.globalfit.com/energize-explore)

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