# ACTIVATE with GlobalFit



Optimal health isn't just about being healthy physically. It's about a balanced approach that includes components designed to improve the health of the mind, body, and spirit. GlobalFit's Gym Network 360 delivers an extensive wellness network that focuses on 5 key components: Exercise, Eating, Energize, Explore, and Education.



**TO ACTIVATE, FOLLOW THESE THREE EASY STEPS:** Access exclusive GlobalFit member pricing on premier fitness and wellness programs.

## YOUR LANDING PAGE:

#### globalfit.com/healthpartners



**Step 1** – Visit your custom landing page to access your GlobalFit offerings.

globalfit.com/healthpartners

QUICK ACTIV	ATION
Why activate your benefic!	
	d lowest, members-only pricing dy credit from your employer or insurer unts and promotional offers
It takes just 90 seconds?	
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**Step 2** – Use the links at the top left of the screen to activate and set up your account. Complete the form to create a username and password. If you've already set up your account, enter your username and password to login.



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**Step 3** - Use the top navigation bar to view products and services available to you.



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• Exclusive membership discounts at more than 9,000 gyms and specialty studios including top brands like LA Fitness, Anytime Fitness, Gold's Gym, and 24 Hour Fitness plus many local favorites

 Virtual fitness options from Les Mills Group Fitness On Demand, Honor Yoga Now, **BurnAlong and Forte** 

 Wearable technologies to keep you on track with your fitness goals featuring brands like Striiv, PIQ, Polar, Bellabeat and more

www.globalfit.com/exercise



 Discounts on top brands like CHARGE Virtual Nutrition, Jenny Craig, Diet-to-Go, and Kurbo.

 Special rates on vitamins, supplements, and other healthy food products

 A variety of meal plans and weight loss programs including fresh prepared meals, diet delivery options, and programs for the whole family

www.globalfit.com/eating



#### 

 Resources to support your wellness journey

 Health coaching programs for any healthy living goal from smoking cessation to stress reduction

## **ENERGIZE & EXPLORE**

 Access to programs and products to help enhance your everyday living and total wellness

 The latest deals on your travel, vacations, and entertainment

 Exclusive pricing on spa services, concert tickets, electronics, restaurants, and more

https://www.globalfit.com/energize-explore

www.globalfit.com/education

